# 2018 FIELD DAY - Tie Dye Options & Prep

(Left to right below: spiral, firecracker, and stripe)



#### **Attention Parents!**

Sickles School is very excited to add some art stations, along with other new, fun activities to Field Day. Since the tie-dye station has always been a hit in the past, we are going to include it in the Field Day festivities. In order to participate in the tie-dye station, **please have your child's shirt or pillowcase prepped ahead of time, using the enclosed rubber bands**. This step will save significant amount of time and will allow your child to attend all the other craft stations in a timely fashion. **Remember: you need to provide the shirt, pillowcase, or other item your child chooses to dye.** 

#### **IMPORTANT STEPS**

- Rubber bands are included in the Ziploc bag to use to prep the t-shirt.
- Put the rubber bands on the shirt in the design your child desires (SEE OPTIONS BELOW), and then place the shirt in the provided Ziploc bag. Make sure your <u>child's</u> <u>name and teacher's name is written on the blank label that is on the Ziploc bag.</u>
- Place the Ziploc in a brown paper bag, <u>labeled with your child's name as well as</u>
  <u>teacher's name, and have your child bring it to school on Field Day</u>. (The brown
  bag will be used for your child to bring home all the crafts that he/she has done
  throughout the day.)

### **DESIGN OPTIONS**

### **Spiral**

- 1. Lay the shirt flat out in front of you on a table.
- 2. Grab the center of the shirt and begin to twist in a circle.

3. Once the entire shirt is twisted (it will look like a messy circle – that's ok & will give a better pattern), start rubber banding like you are cutting a pizza.



#### **Firecracker**

- 1. Lay shirt flat out in front of you on a table.
- 2. Starting from the sleeve, fold back and forth like an accordion or fan until you reach the other sleeve (the folds go long ways from left to right not top to bottom).
- 3. Rubberband the shirt in two places, right at the bottom of the sleeve (to hold that fold in place) and at the bottom where the "other color" will separate from the white. It is best to use double rubberbands in these locations on the shirt.



## **Stripes**

- 1. Lay shirt out in front of you on a table.
- 2. Scrunch shirt the long way and start rubber banding the stripes from the bottom to the top.
- 3. Leave one of the sleeves and neckline free of rubber bands.

